

Our hands are open to you

Anyone can be infected with Coronavirus, but a person living with a chronic disease such as HIV is at great risk of becoming very sick if they are infected with Coronavirus, because their immune system might be too weak to fight the disease. Managing HIV correctly while we are at risk of Coronavirus could make the difference between life and death.



IF YOU KNOW YOU ARE LIVING WITH HIV, TAKE YOUR ARVS EVERY DAY.

This will strengthen your immune system and empower you to fight Coronavirus if you are infected. If you need help collecting your medication, get in touch on the number below.



IF YOU HAVE STOPPED YOUR ARVS FOR ANY REASON,

please go to the clinic immediately and start again. because your immune system will be weak if you are infected with Coronavirus and you may not be able to fight it. If you want help returning to treatment, get in touch on the number below.



IF YOU THINK YOU MAY BE AT RISK OF HIV AND DON'T KNOW YOUR STATUS,

please test immediately and start ARVS if you are positive. You are at risk of HIV if you have more than one sexual partner and don't always use a condom. If you want us to test you in your home, or if you want to screen yourself for HIV, contact our number on the back.

KNOW YOUR RIGHTS:

- You have the right to **leave home to visit clinics** for medical care under lockdown.
- You have the right to **attend clinics** that are safe and protect you from Coronavirus.
- You have the right to respectful treatment from clinic staff.

Our names are Rodney Mangani and Nomsa Ripinga.

We are Impilos. Our job is to assist you when you come to the clinics if you have any kind of chronic condition such as diabetes, asthma, HIV or TB. We greet you, collect your files, and make sure that you see the right health professionals as fast as possible, so that you can collect your medication and stay healthy.



My name is Sifiso Ndlovu. I am a Professional Nurse. Our clinics are safe and can protect you from Coronavirus. So please, come and collect your ARVS. And come back to us if you stopped your treatment. You will get a warm, friendly welcome from me and my colleagues.



Please send a whatsapp or a please call us if you need help to test for HIV, get your medication or start treatment again.

079 851 2490

